



# PostureSmart®

## 3 Lever Posture Mechanism Chairs



### Operating Instructions:

1. Seat height adjustment: Lift lever (1) to raise and lower seat height.
2. Seat angle adjustment: Lift lever (2) to alter seat positions, push lever down to lock in desired position. Leaving lever in “up” position will allow “free float” option; this operates in conjunction with or independently of Back Angle Adjustment.
3. Back Angle Adjustment: Lift lever (3) the back-rest will now move backwards and forwards, when a comfortable position is achieved push the lever down to lock the position.
4. Body Weight Tension Adjustment: When seated wind knob (4) clockwise to loosen and anti-clockwise to tighten.
5. Seat Slide Adjustment (If fitted): **Lift lever (5)** and slide the seat either backwards or forwards to increase or decrease seat depth. Lever is located on left front under seat, when seated. You may need to carry out this adjustment facing the chair and placing hand at rear of seat to pull forward whilst lifting the lever. **Do not PUSH or FORCE the lever DOWN** as this may damage the slide mechanism and invalidate the warranty.
6. Back Height Adjustment (6): Raise the backrest manually by reaching back from the seated position and gently lifting the backrest to locate a comfortable lumbar position. Ratchet mechanism will automatically lock the backrest in 8 height positions. **When the backrest reaches the very top (after the 8<sup>th</sup> level) it will release and return to the lowest setting.**
7. Inflatable Lumbar/Sacrum/Thoracic Support (if Fitted). Pump bulb to required level. To deflate press valve button on neck of bulb.
8. Headrest (if fitted) pull headrest gently from housing to increase height. Adjust tilt and angle to suite
9. Arms (If Fitted). Depress Button on outside of arms to raise or lower. On ‘Durham’ arms, (shown) Arm pads slide forward and rearwards. On ‘Durham +’ arms the arm pad as well as sliding forward and rearward slides outward, inward and also twist.

Product Help-line: 01388 748 999

